

What's in it for me?

- A Level 2 NVQ module certificate in Peer Research Skills.
- The opportunity to influence policies that affect vulnerable people in your local community - peer research makes a difference.
- Your voice and experiences will be listened to and you can help others to have their voice heard.
- You will be a valuable member of the FLNG team, and have the opportunity to join our Experts by Experience Network and Peer Research Network.

What research looks like in practice

Researchers will typically carry out a mix of writing surveys, doing one to one interviews, putting on focus groups, mapping journeys with people, and using arts based methods.

Previous work our peer researchers have done includes completing a service evaluation which saw the service's funding get extended.

Another example was our researchers gathered data about access to employment for people in recovery, which will then shape that service in the future.

Find out more

Training is offered on a quarterly basis in Newcastle and Gateshead.

To find out more and see our latest training dates please visit our website:

www.fulfillinglives-ng.org.uk



Become a Peer Researcher with free training

Do you have a curious mind and would like to help others to share their experiences?

We offer a six week Level 2 NVQ module in Peer Research Skills. This OCN accredited training course will skill you up to take on your own peer research project and you'll get a recognised qualification.



We want YOU to join us as a peer researcher!

What is peer research? About the training

Peer research is a way of designing and delivering a research project with the people who would usually be the subjects of research.

Peer researchers can understand evidence in a far deeper way than people with no experience of the subject.

Fulfilling Lives Newcastle Gateshead (FLNG) is a project based in Newcastle and Gateshead which runs a Peer Research Network made up of people who have been on the training and help with research projects tackling issues such as:

- mental health,
- homelessness,
- offending,
- drug and alcohol issues.

We offer a free training course spread over six weeks in peer research skills. By the end you'll have achieved a Level 2 NVQ module in Peer Research Skills.

This OCN accredited training course will skill you up to take on your own peer research project and you'll get a recognised qualification at the end of the six half-day sessions.

After the training you can join our Peer Research Network, where you'll either work on a project of your own design with our full support or you can join a project we already have running with the organisations we are working alongside. You will need to commit regular weekly time to the project.

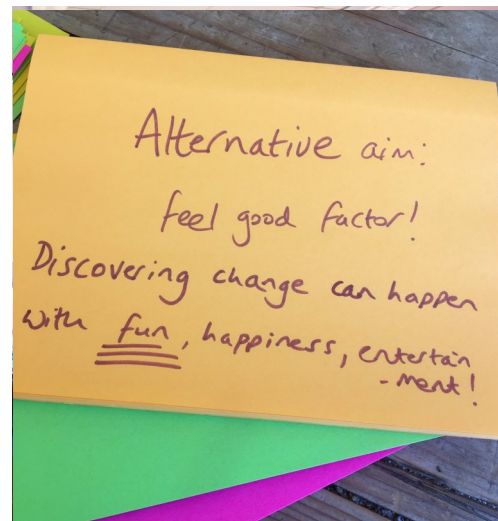
Can I be a peer researcher?

We're looking for people with lived experience, who have a curious mind, people who are willing to try something new, who like to talk to other people and encourage them to tell their stories.

You don't have to have had any previous research experience. It helps if you have a good level of literacy, but this is not essential.

Peer research is easy to get involved with and it plays to individuals' strengths as part of a team.

You can pick and choose which parts of a research project you want to be involved in. If you want to shape research questions and don't want to write up a report that's fine too!



What's it like being a peer researcher?

Here are some quotes from people who are part of our network:

"We forged a strong bond on the NVQ course and then out in the community collecting the data."

"I remember the first day on the peer researcher training and finding out what was involved and I don't mind saying it scared me, but I challenged my fear and got involved."

"The attraction to the research was it was around something very close to my heart, recovery and employment, so I wanted to be involved in the hope it will help make the pathway easier for others in the future."